



---

## HABIT 2

### MEETING TOGETHER

# HABIT 2: MEETING TOGETHER

## Context

As Christians, Jesus is our great model and the one we follow. We learn from His teaching and the way He lived His life. Jesus did not live life alone. As part of the Trinity, one God who exists eternally as three distinct persons, God the Father, God the Son and the Holy Spirit, Jesus has always lived in community. When He came and lived on earth, Jesus did not live alone. He lived in community with the twelve disciples and within this group; He particularly spent more time and gave more attention to the inner three disciples, James & John (the sons of Zebedee) and Peter.

1. How does Jesus example of living life together with His disciples relate to our lives today? How can we model this in our lives?

## Observation

The Christian faith is quite unique in its desire that we share our lives with other believers. We do that so we can help one another and encourage each other to grow together in our faith and character. While Habit #2: Meeting Together has many aspects to it, in this study, we will be concentrating on two aspects of meeting together, that is, in our Life Groups and in Discipleship/Mentoring relationships. Hebrews 10:24-25 says; And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

2. "Spiritual transformation is not a solo event. God works in us through others." (*Adele Ahlberg Calhoun in Spiritual Disciplines Handbook*). What should be our intention, when we meet together as Christians? What do we desire to achieve?

## Meaning

3. What are some of the spiritual and practical benefits from being involved in a life group according to scripture? (See Ecclesiastes 4:9-12, Acts 2:42-47, Colossians 3:12-17, and Hebrews 3:12-15). What have been some of the positive aspects of being involved in a life group for you, both now and in the past?

4. What do you think the difference is between being a Christian and being a disciple of Jesus (Matthew 28:19-20)?
5. "Meeting regularly for one-to-one discipleship is the best way to grow to maturity as a Christian." What do you think about this statement? Who are some examples of this in the bible?

## Application

6. Who have been the three people who have most helped you grow as a Christian since you came to faith? Write down their names and how they helped you grow. In what ways have you changed because of their influence?
7. Do you have such a person in your life today? If not, how can you find someone who will have that positive spiritual influence in your life today? Have you been able to help others spiritually on a one-to-one basis? Are you doing that now? Share your experiences together within your life group.
8. Below are twelve of the "one another" passages from the bible.

1/ Love one another *John 13:34-35*

7/ Forgive one another *Ephesians 4:32*

2/ Encourage one another *Hebrews 3:13*

8/ Give hospitality to one another *1 Peter 4:9*

3/ Bear one another's burdens *Galatians 6:2*

9/ Honour one another *Romans 12:10*

4/ Care for one another *1 Corinthians 12:25*

10/ Be truthful to one another *Colossians 3:9*

5/ Accept one another *Romans 14:1-4*

11/ Teach one another *Colossians 3:16*

6/ Be kind to one another *Ephesians 4:31-32*

12/ Look out for one another *Philippians 2:4*

Decide as a life group, that each month, you will choose one passage, and put it into practice towards the rest of the group members. Then at the end of a month, discuss together, what it was like to do this? What was difficult? What have you learnt?